

# Nutrifill<sup>®</sup>

## Package Insert

Please read carefully and keep this package insert for future reference.

**DESCRIPTION:** The Nutrifill™ preservative free insertion solution is a sterile isotonic buffered solution containing electrolytes (Calcium, Magnesium, Potassium, Phosphate, Sodium) in a single use/dose, carry-on size 10ml vial. Nutrifill is primarily an insertion solution for scleral, hybrid, and gas permeable (GP) contact lenses. It also rinses loose debris and cleaning solution off gas permeable (GP), hard and hybrid contact lenses prior to insertion. The rinsing solution removes debris and bacteria following proper disinfection as recommended by the eye care practitioner. The sterile solution can be used to rinse contact lens cases and rinse lenses as needed throughout the day.

**ACTIONS:** Nutrifill preservative free solution removes loosened debris and traces of daily cleaner when used as a rinse after cleaning and prior to lens insertion. Nutrifill also helps keep your lenses wet (hydrated) and helps provides a healthy liquid reservoir between the lens and cornea when used as an insertion solution with low fluid exchange contact lenses

**INDICATIONS (USES):** Nutrifill preservative free insertion solution is indicated as an insertion solution for large diameter (scleral), hybrid and rigid gas permeable (RGP) contact lenses following proper lens care disinfection as recommended by the eye care practitioner. This solution may also be used for rinsing debris and lens cleaners from rigid gas permeable, hybrid and hard contact lenses, as a rinse for contact lens cases and may be used as needed throughout the day to rinse contact lenses.

**CONTRAINDICATIONS (REASONS NOT TO USE):** If you are allergic to any ingredient in Nutrifill, do not use this product.

**TAMPER EVIDENT:** Single use vials should not be used if opened or damaged.

**WARNINGS:** DO NOT use Nutrifill for the storage of contact lenses. This product should only be used as an insertion solution and rinsing contact lenses and lens cases. Use of Nutrifill for storage may cause serious and sight-threatening eye infections such as Acanthamoeba, causing corneal ulcers and possibly permanent loss of sight.

Use only if tab and unit dose vial are intact.

Intended for single use.

Discard any unused portion of the solution.

**DIRECTIONS FOR USE:** Twist off the plastic cap to open Nutrifill. Discard the cap and follow these directions:

- 1) Always wash and dry your hands before handling lenses.
- 2) Always handle the same lens first, the right or left, in order to avoid mix-ups.
- 3) Following proper lens disinfection;
  - a. For large diameter (scleral) and hybrid contact lenses, rinse both sides of the lens and fill back surface (the bowl) before lens insertion.
  - b. For rigid gas permeable contact lenses apply several drops to each lens surface to rinse lens and fill back surface prior to insertion.
  - c. For contact lens cases rinse the inner surfaces of the case and the lids and allow to air dry in a clean place.
  - d. For rinsing during the day remove the lens, rinse both surfaces with several drops of Nutrifill and re-insert the lenses.
- 4) **Discard single use vial after each use. DO NOT REUSE.**

**PRECAUTIONS:** Never reuse this solution. Always wash and dry your hands before handling your lenses.

**LENS CASE CARE INSTRUCTIONS:** Empty and clean contact lens cases with digital rubbing using fresh, sterile disinfecting solutions/contact lens cleaner. Never use water. Cleaning should

be followed by rinsing with Nutrifill or with fresh, sterile disinfecting solutions (never use tap water) and wiping the lens cases with fresh, clean tissue is recommended. Never air-dry or recap the lens case lids after use without any additional cleaning methods. If air drying, be sure that no residual solution remains in the case before allowing it to air dry.

Replace your lens case according to the directions given to you by your eye care practitioner or the labeling that came with your case.

Contact lens cases can be a source of growth of harmful microorganism.

**WARNING:** Do not store your lenses or rinse your lens case with water or any non-sterile solution. If you use multi-purpose solution use only fresh solution so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss of blindness.

**PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN SERIOUS INJURY TO THE EYE.** It is essential that you follow your eye care practitioner's directions and all labeling instructions for proper use of your lenses and lens care products including the lens storage case.

**EYE PROBLEMS, INCLUDING CORNEAL ULCERS CAN DEVELOP RAPIDLY AND LEAD TO LOSS OF VISION. DAILY WEAR LENSES ARE NOT INDICATED FOR OVERNIGHT WEAR AND SHOULD NOT BE WORN WHILE SLEEPING. IF YOU EXPERIENCE EYE DISCOMFORT, EXCESSIVE TEARING, VISION CHANGES, OR REDNESS OF THE EYE, IMMEDIATELY REMOVE YOUR LENSES AND PROMPTLY CONTACT YOUR EYE CARE PRACTITIONER.**

It is recommended that contact lens wearers should see their eye care practitioner once each year, or more often, as recommended by their eye care practitioner. Studies have shown that smokers have a higher incidence of adverse reactions.

To avoid contaminating your solution, do not transfer to other bottles or containers. Reuse of solution or use of water with lenses may lead to contamination resulting in eye injury and potential

loss of vision. See below for additional important safety information.

*Important Safety Information:*

Always follow the product directions for use. Failure to follow product directions may lead to vision loss.

Visit your eye care practitioner once each year, or more often, as recommended by your eye care practitioner.

Always wash and dry hands before handling lenses.

Do not use tap water, bottled water or saliva with lenses or lens case.

Only use fresh solution to clean and disinfect contact lenses.

Discard any remaining solution in your lens case after each disinfection cycle. (Never reuse solution).

Saline or wetting drops will not disinfect your lenses.

Always replace your solutions, lenses and lens case as directed.

Not for use with heat (thermal) disinfection.

Store at room temperature.

Use before the expiration date marked on the carton and container.

Keep this and all medication out of reach of children.

**WATER ACTIVITY INSTRUCTIONS:** Do not expose your contact lenses to water while you are wearing them.

**WARNING:** Water can harbor microorganisms that can lead to severe infection, vision loss of blindness. If your lenses have been submerged in water while swimming in pools, lakes or oceans, you should replace them (soft, frequent replacement lenses) or thoroughly clean and disinfect them (RGP and hard lenses) before insertion. Ask your eye care practitioner for recommendations about wearing your lenses during any activity involving water.

**ADVERSE REACTIONS (Problems and What to**

**Do):**

The following problems may occur;

Eyes stinging, burning or itching (irritation).  
Excessive watering (tearing) of the eyes.  
Unusual eye secretions.  
Redness of the eyes.  
Reduced sharpness of vision (visual acuity).  
Blurred vision.  
Rainbows or halos around objects.  
Sensitivity to light (photophobia).  
Dry eyes.

If you notice any of the above problems, immediately remove and examine your lenses and IMMEDIATELY consult your eye care practitioner. If any of the above problems occur, a serious condition such as infection, corneal ulcer, neovascularization, or iritis may be present. Seek immediate professional identification of the problem and treatment to avoid serious eye damage.

**HOW SUPPLIED:** Nutrifill preservative free insertion solution is available for purchase in sterile 0.33 Fl. Oz. (10ml) disposable single-use twist-off top plastic ampoules that are packaged in cartons of 35 units each, total 350ml. Ampoules are marked with a lot number and expiration date. Cartons are marked with a lot number, expiration date and Unique Device Identifier (UDI) code.

**STORAGE:** Store at room temperature. DO NOT FREEZE. DO NOT EXPOSE TO TEMPERATURES ABOVE 79°F/26°C.

**Toll Free Product Information:**

Call: 1 833 266 8262

[www.Nutrifill.com](http://www.Nutrifill.com)

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# Nutrifill<sup>®</sup>

⊕ Electrolytes

